## Vear\_



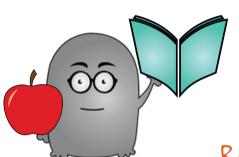


Here for you

All the answers are in your head - just try listen to them



So proud of you! You can do it!







Remember to Smile :-)



Focus on something that makes you happy



Don't forget you have special superpowers!

add personal note here...

from